

THE DONOR EVALUATION

A potential donor will be seen and evaluated by a donor advocate team, that is separate from the recipient team, to determine their candidacy for living donation.

The evaluation includes the following:

1. 2 - 24 hour urine collections (to help detect high levels of protein and calculate clearances), and blood work.
2. Chest x-ray (to evaluate lungs).
3. EKG (to evaluate the heart). If abnormal further testing may be required.
4. Meeting with the living donor coordinator and a medical social worker.
5. Complete history and physical exam by a transplant nephrologist (kidney specialist).
6. Meeting and evaluation with the transplant surgeon.
7. Radiology tests; CT Scan to assess anatomy of both kidneys. A Glofil study may be necessary, and will be at the discretion of the MD evaluating you.
8. Once the tests are completed and if you are a candidate for the laparoscopic procedure, you will meet with a laparoscopic surgeon as well. Rarely, a renal arteriogram is needed but if anatomy is not seen well on the CT Scan, it may be required.
9. Once you complete the evaluation, the Transplant Team will review all the information and make a decision as to whether you are a suitable candidate for donation. Only after the Team has made a decision, will potential dates for surgery be discussed.
10. Any further tests depend upon the donor's medical history
11. Final crossmatch with recipient to check antibodies will be scheduled within the final week prior to the actual transplant.

All of the potential donor's testing can be performed as an outpatient at Carolinas Medical Center.